

Columbia Gorge MARATHON & HALF MARATHON

THE MOST SCENIC MARATHON IN THE COUNTRY

2025 Race Guide

OCTOBER 19, HOOD RIVER, OR



Fall Foliage and Sweeping Vistas



Run through the Columbia River Gorge

Join us for a marathon or half-marathon along the Columbia River. Enjoy stunning fall foliage and breathtaking views of the Gorge! Runners and walkers are welcome, with the new half-marathon walker early start option, giving half-marathon walkers up to 6.5 hours and marathon runners up to 7.5 hours on course.

Stay Updated

For last-minute details, "like" our Facebook page at www.facebook.com/cgmarathon.

READ THE GUIDE

Check out this guide for all the info you need. If you still have questions, contact Anne at info@breakawaypro.com.

Thanks for being part of this event. We can't wait to see you!

Sincerely,

Chad Sperry

Race Director



**Cut-off time is based on gun time, not individual chip time.*



Join the crew from Shortt Supply Saturday morning at 8:30 AM for a shakeout run and stretch session at the waterfront tents!

This easy-paced group run is designed to help half-marathon & marathon participants loosen up before race day. Whether you prefer a short jog or gentle stretching, our session will help you feel relaxed and ready.

Event Details:

- **When: Saturday, 8:30 AM**
- **Where: Tents at the Waterfront**
- **Who: All half-marathon & marathon runners welcome**

Don't miss this chance to prepare your body and gather everything you need for a successful marathon. See you Saturday morning!



Shortt is Supply Your Race Weekend Headquarters

Local business Shortt Supply will be hosting packet pickup on **Saturday from 2pm to 6pm.**

This is the perfect opportunity to:

- Pick up any last-minute running gear
- Grab race day fuel and nutrition
- Get race-ready essentials
- Connect with fellow runners

Event Schedule

Columbia Gorge
**MARATHON
& HALF MARATHON**
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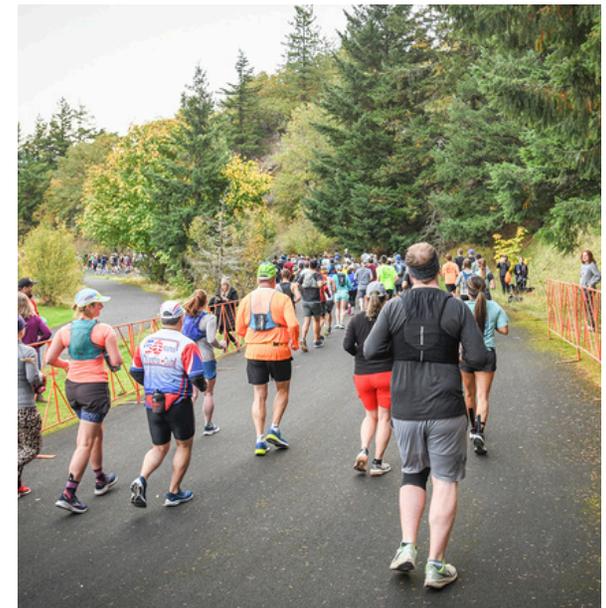
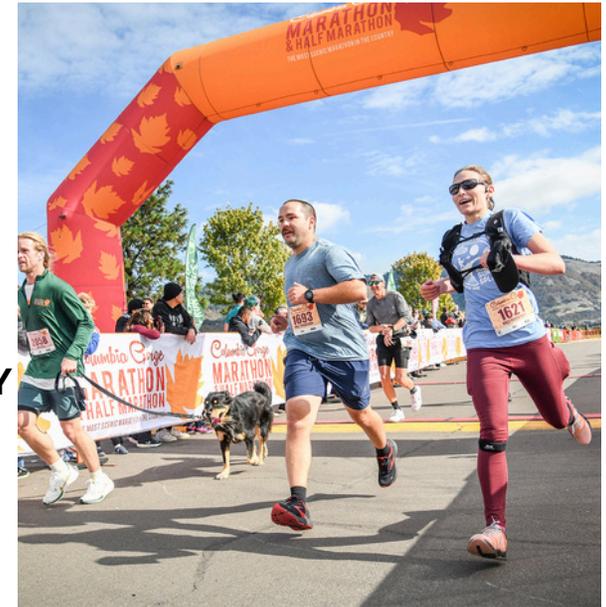
'25

SATURDAY:

- **2 pm - 6 pm: Packet Pickup:**
Shortt Supply
116 Oak St, Hood River, OR

SUNDAY:

- **6:30 am - 9 am: Packet Pickup,** Hood River Events Site,
10 Portway Ave, Hood River, OR
- **6:45 am - 8:00 am: Shuttle Buses Running for Marathon Runners ONLY**
- **7 am - 9:30 am: Welcome Runners and Walkers**
 - Free Coffee from The Forge Coffee
 - Breakfast Snacks- At both Full & Half Marathon Start Areas
- **7:30 am - 10:00 am: Run Start Times**
(See course pages for specific start times)
- **11 am - 3:00 pm: Finish Line Festivities,** Local apples & Ryan's Apple Cider, and Fajita Taco Lunch by Spin Catering
- **1 pm: Awards Ceremony, Half-Marathon**
- **2 pm: Awards Ceremony, Full Marathon**
- **3:00pm: Finish Line closes**



Packet Pickup & Bag Check

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SATURDAY - 2 to 6 pm

Shortt Supply

116 Oak Street, Hood River OR 97031



SUNDAY - 6:30 to 9:00 am

Hood River Event Site

Portway Ave, Hood River OR 92031

For marathon runners, please get your packet BEFORE you load the shuttle to go to the start. Marathon starts at Mark **Hatfield Trail Head**. Half-marathon will start at the Hood River Event Site.

BIBS

Bibs should be worn on the front and visible (not the back).

BAG CHECK

WHAT: At packet pickup, you'll get a drawstring bag. Use it to stash the layers you wear to the start but don't want to haul through 13.1 or 26.2 miles. Gear check is at both the half and full marathon starts.

HOW: Each bib has a handy tear-off tag. Rip it off, loop it through your bag's drawstrings, and drop your bag at gear check. Please use the bag we give you—because Tetris-ing random luggage is not our superpower. At the finish line, flash your bib to a volunteer and they'll fetch your bag. Please don't dive into the gear check area yourself—think of it as a VIP service.

PLEASE: **Don't pack valuables.** We're not responsible for lost phones, wallets, keys, AirPods, lucky socks, or your firstborn. Volunteers will keep watch, but Breakaway Promotions is not liable for lost bags or stuff.



Bag Check Tag goes on drop bag



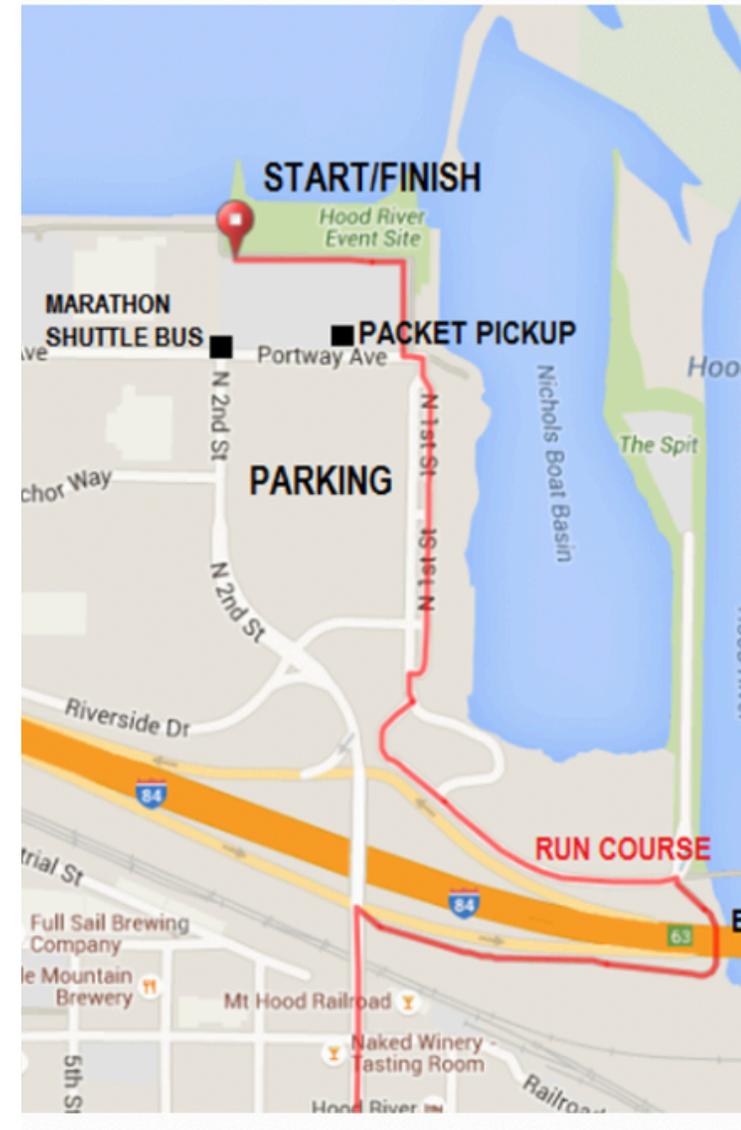
PARKING

DRIVING DIRECTIONS TO PARKING AND EVENT SITE

- From I-84, take exit 63 (Hood River City Center)
- Drive north on 2nd Street (towards the Columbia River)
- At the 4-way intersection, turn right onto Riverside Drive.
- Turn left on 1st Street following event signs and parking volunteers to the large parking lot.
- The parking area is across the street (Portway Ave) from the Main Event Tent at the Hood River Event Site Finish Line Area.

CAR-FREE DIRECTIONS

- Arriving the day before? [Click here](#) for Columbia Gorge Express to/from Hood River and Portland.
- [Local bus service](#) for Hood River between the race site, neighborhoods, and downtown hotels.



Marathon Shuttle & Course Etiquette



Shuttle for Marathon Participants

The Marathon starts at the Mark Hatfield Trail Head. Buses will shuttle everyone to the start line from the Event Site. The shuttle service runs from 6:30 am to 8:00 am. The marathon race starts at 8:30 AM sharp. We recommend that you arrive at the Event Site parking lot at least one hour before the race to catch a shuttle.

At the marathon start, there will be a tent, water, pastries, coffee and other refreshments to keep you warm and relaxed. PortaPotties and bag check-in will also be available, and your gear will be transported to the finish line after the race begins.

Course Etiquette

This course takes you through one of the most beautiful areas you'll ever experience, and we want to keep it that way. To help keep the course clean, we'll have trash bins at about every mile, as well as at each aid station. Please make sure that you toss your wrappers and trash in these bins—do not leave trash on the ground.



Timing

E8 timing is running the timing for the race. Timing chips are attached to the back of your bib.. Live time results will be posted throughout the event at the results tent. Go to www.columbiagorgemarathon.com for live results and splits throughout the race.

BIB NUMBER MUST BE WORN ON THE FRONT AND BE VISIBLE.

Spectators

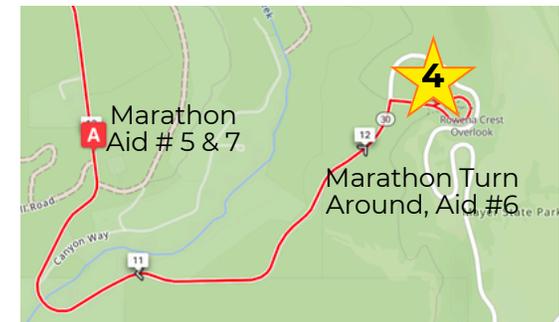
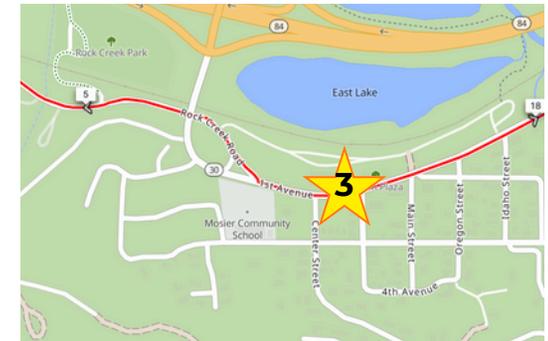
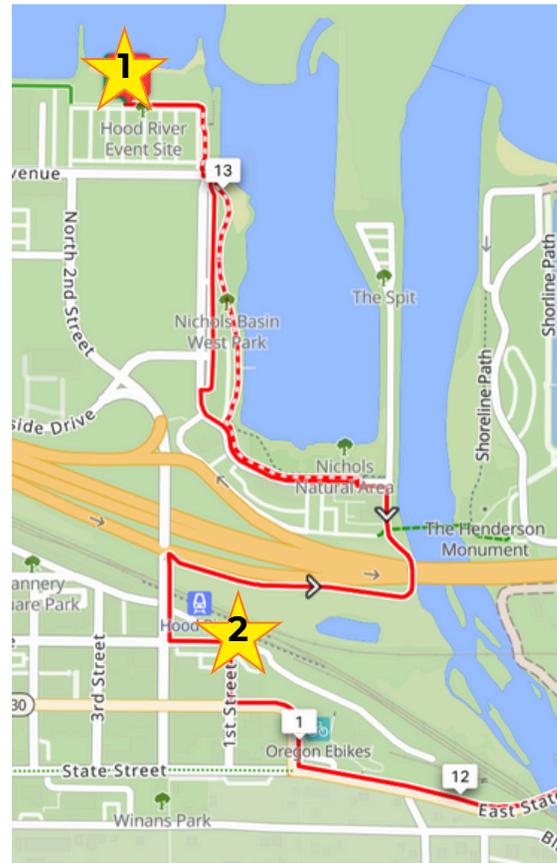
There are many great locations along the course for spectators to cheer on the runners.

Marathon Viewing Points

1. Finish Area at Hood River Event Site
2. Ground Coffee & Celilo Restaurant on Oak Street in Hood River, Mile 25.3
3. Randonnee Coffee Co. in Mosier, Oregon, Mile 5.3 & Mile 18.2
4. Rowena Crest Viewpoint, Mile 11.7
 - From I-84 East: Take Exit 69 for Mosier and Historic Highway 30. Turn right onto Highway 30 and drive about 6.7 miles, following the signs through Mosier and up the Old Gorge Highway to the viewpoint.
 - From I-84 West: You can take the dedicated Rowena exit (#76) and head west on Highway 30 to reach the viewpoint at the top of the curves.

Half-Marathon Viewing Points

1. Finish Area at Hood River Event Site
2. Ground Coffee & Celilo Restaurant on Oak Street in Hood River, Mile 0.9 & Mile 12.3



MARATHON- Course Info

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Full Marathon

Miles: 26.2 miles

Total Elevation: 1,882 feet

Largest Hill: 5% grade

Aid Stations: 12

Surface: 100% paved

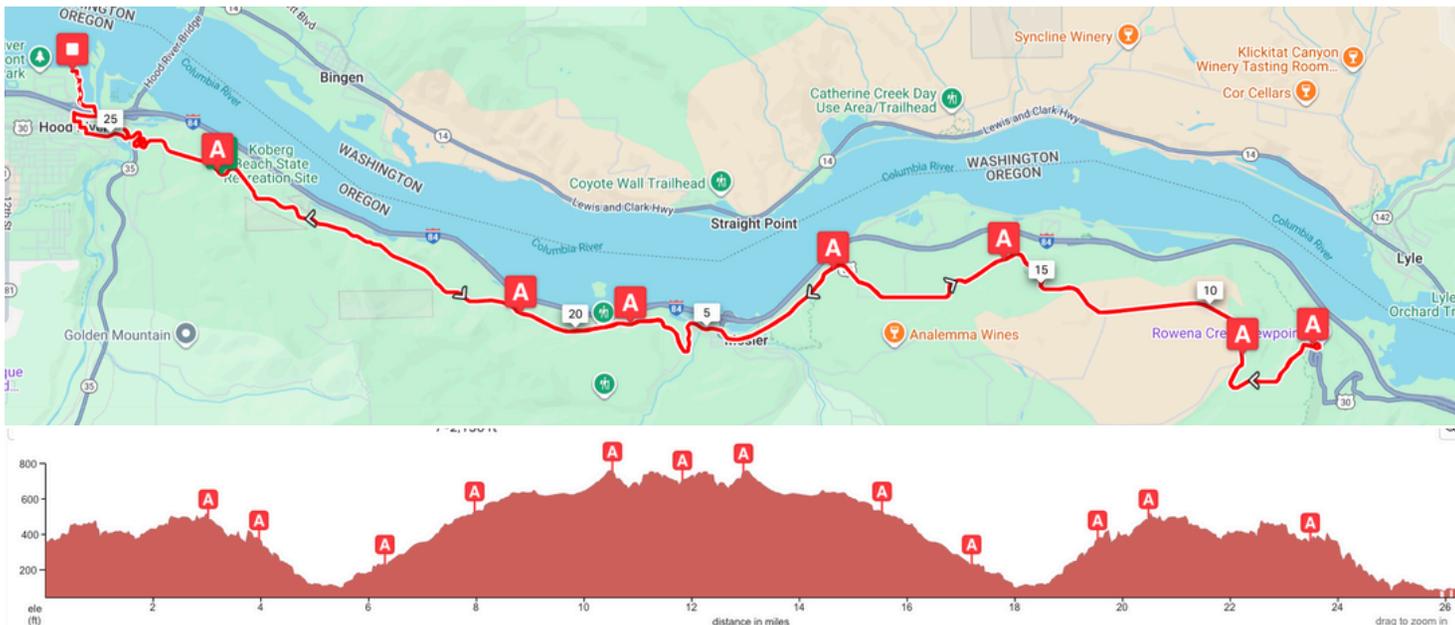
GPS MAP >

Start is at the [Mark Hatfield Trail Head](#).

Buses will shuttle everyone to the start line from the Event Site.

The shuttle service runs from 6:30 AM to 8:00 AM. The race starts at 8:30 AM sharp. *We recommend that you arrive at the Event Site parking lot at least one hour before the race to catch a shuttle.*

- **7:30 am 6Hr + Pace Marathoner Early Start Option**- **New optional start for those runners anticipating a 6hr+ finish time. You must sign up at packet pickup for the early start.*
- **8:30 am Marathon Start**- Start time for marathon runners.

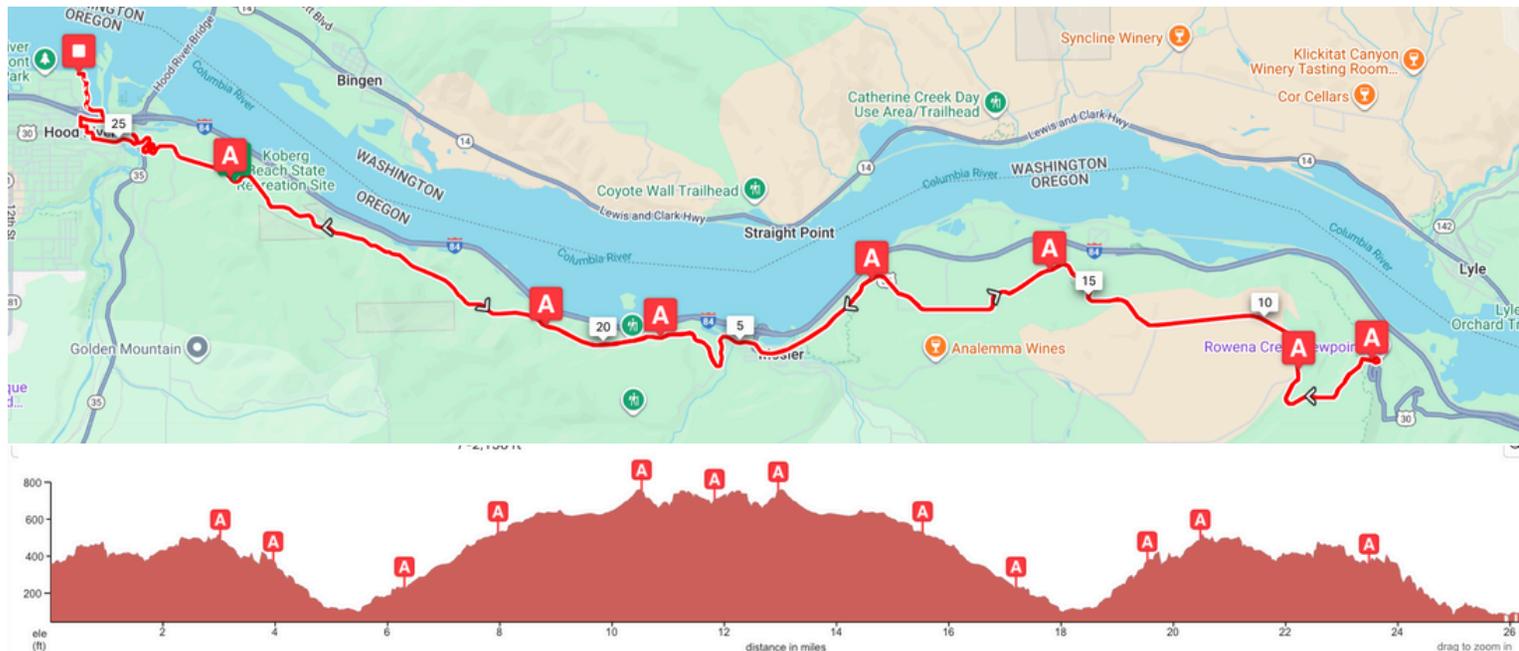


Finish line closure is 3:00 pm. This equates to a 15:52 min/mile pace for the 8:30 start (a 17:09 min/mile pace for the 7:30 start). Cuts-off times are based on gun time, not individual chip time.

MARATHON- Aid Stations



| MILE | STATION INFO | LOCATION | RESTROOM | SUPPLIES |
|------|----------------|-------------------------|----------|---|
| 3 | Aid Station 1 | Old Highway Overlook | Yes | Water, Gatorade, snacks |
| 4 | Aid Station 2 | Twin Tunnels Turnaround | Yes | Water, Gatorade, GU gels, snacks |
| 6.3 | Aid Station 3 | East of Mosier | Yes | Water, Gatorade, GU gels, snacks, bananas |
| 8 | Aid Station 4 | Memaloose Overlook | Yes | Water, Gatorade |
| 10.5 | Aid Station 5 | Dell Road | No | Water, Gatorade |
| 11.8 | Aid Station 6 | Rowena Crest Viewpoint | Yes | Water, Gatorade, GU gels, snacks, bananas |
| 13 | Aid Station 7 | Dell Road | No | Water, Gatorade |
| 15.5 | Aid Station 8 | Memaloose Overlook | Yes | Water, Gatorade |
| 17.3 | Aid Station 9 | East of Mosier | Yes | Water, Gatorade, GU gels, snacks, bananas |
| 19.6 | Aid Station 10 | Twin Tunnels Turnaround | Yes | Water, Gatorade, GU gels, snacks |
| 20.5 | Aid Station 11 | Old Highway Overlook | Yes | Water, Gatorade, GU gels, snacks |
| 23.5 | Aid Station 12 | Mark Hatfield Trailhead | Yes | Water, Gatorade, snacks |



Aid Stations

Aid stations will be well stocked along the route. Aid stations will remain open to support a 6.5-hour marathon pace based on the 8:30 am start (7.5-hour pace based on 7:30 am start).

HALF MARATHON- Course Info



Half Marathon

Miles: 13.1 miles

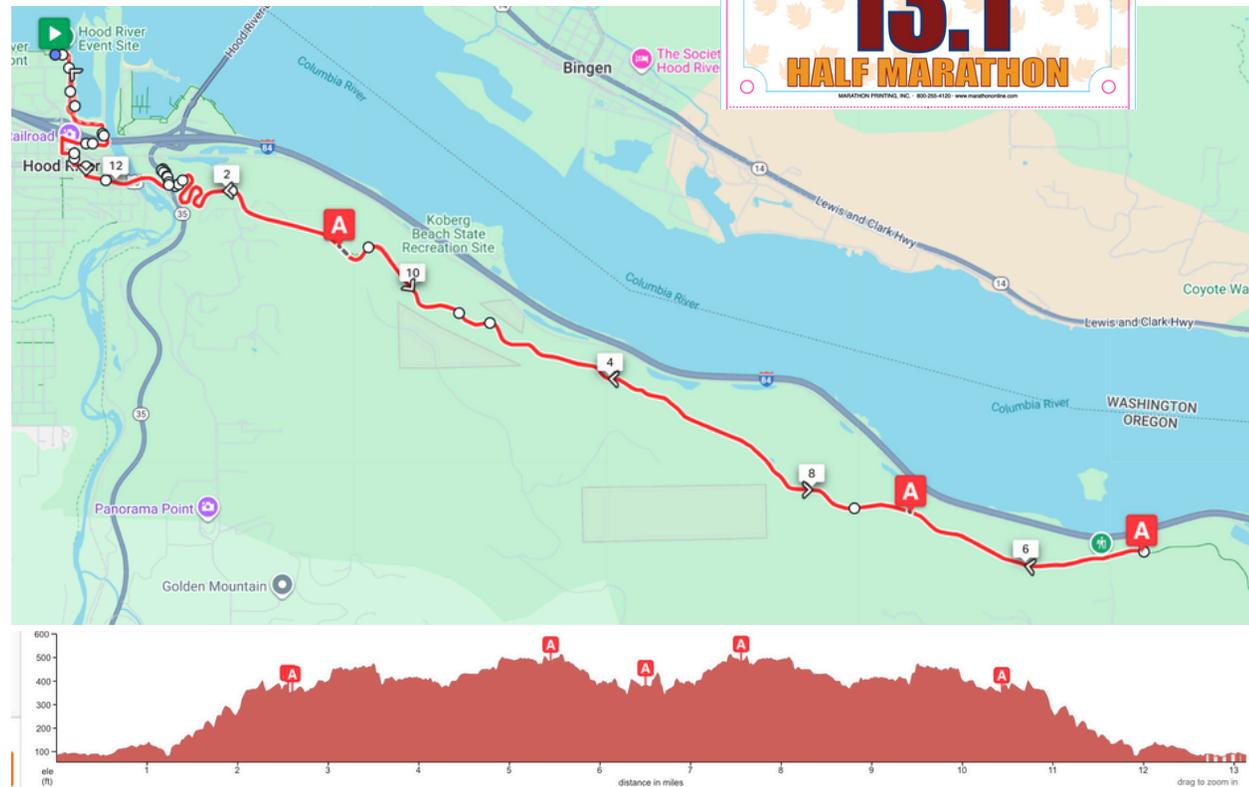
Total Elevation: 1,112 feet

Largest Hill: 5% grade

Aid Stations: 5

Surface: 100% paved

GPS MAP >



Half Marathon runners self-select their start field. Your chip time starts when you cross the start line.

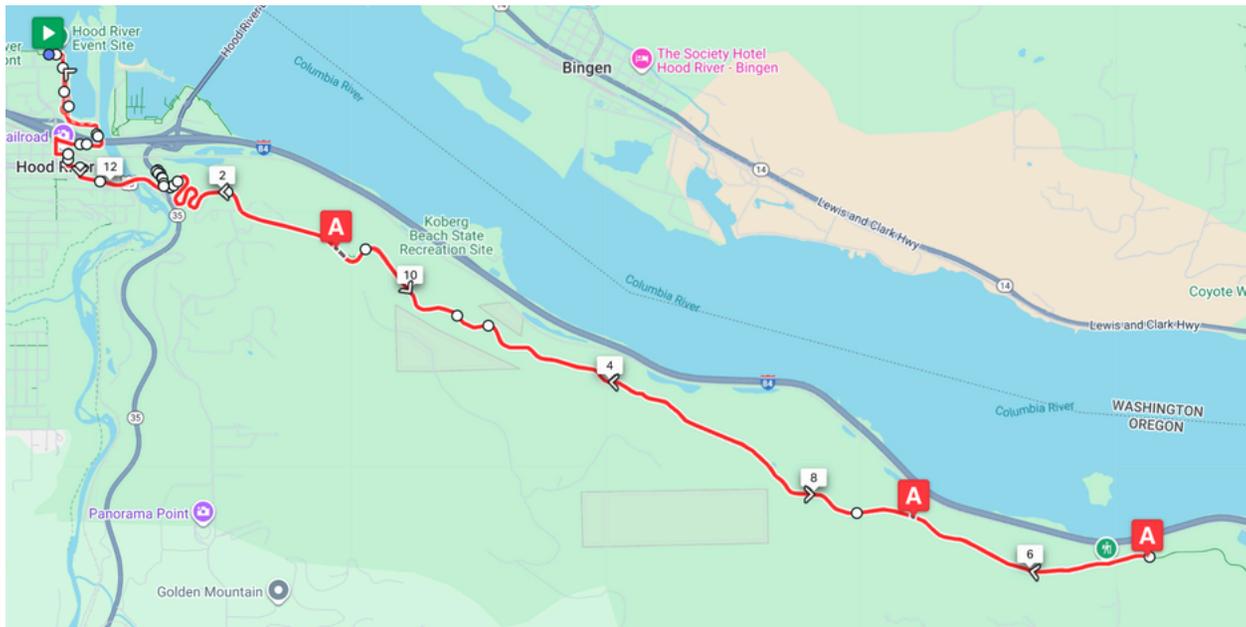
- **8:30 am Walker Early Start Option-** **New optional start for those registered walkers who want more time to enjoy the course. (6-hour, 30min course time, 29:46-min/mile pace). Only registered Half-Marathon walkers are allowed an early start. Anyone starting in this wave will be marked as a Walker.*
- **9:30 am 5-9 Minute Mile Pace** (5:30-hour course time)
- **9:45 am 9+ Minute Mile Pace & Walkers** (5:15 hour course time)
- **10:00 am Dog Leg** (5:00 hour course time, 22:53-min/mile pace)

Finish line closure is 3:00 pm. Cut-off times are based on gun time, not individual chip time.

HALF MARATHON- Aid Stations



| MILE | STATION INFO | LOCATION | RESTROOM | SUPPLIES |
|------|---------------|-------------------------|----------|---|
| 2.6 | Aid Station 1 | Mark Hatfield Trailhead | Yes | Water, Gatorade, GU gels, snacks |
| 5.5 | Aid Station 2 | Old Highway Overlook | Yes | Water, Gatorade, GU gels, snacks, bananas |
| 6.5 | Aid Station 3 | Twin Tunnels Turnaround | Yes | Water, Gatorade, GU gels, snacks |
| 7.5 | Aid Station 4 | Old Highway Overlook | Yes | Water, Gatorade, GU gels, snacks, bananas |
| 10.5 | Aid Station 5 | Mark Hatfield Trailhead | Yes | Water, Gatorade, GU gels, snacks |



Aid Stations

Aid stations will be well stocked along the route. Aid stations will remain open to support a 5:00 hour course time/10 am start time (22:53 min per mile) half-marathon pace.



TEAM RELAY- Start/Transition/Transport



Start

Each runner on the team will receive a bib number and a chip. Starting at 9:30 the first leg runner departs with the rest of the Half Marathon competitors (be sure to determine the mile pace of the first runner which start wave) and follow the course and mile markers along the route.

Transition

The second runner of the team must drive to the transition zone located at the Half Marathon turnaround west of Mosier. Follow the directions below to the transition area and make sure you are at least 20 minutes early to the zone. The zone will be marked by a timing mat and cones. Once your teammate has crossed the timing mat they will give you a high five and then you are off.

Transportation

All participants in the Half Marathon Relay are responsible for their own transportation. It is suggested that you work out with your teammate to have a key to handoff at at the transition at the **Historic Columbia River Highway State Trail | Mark O Hatfield East Trailhead** so the first runner can get back to the start (see next page for map & info). This allows the transportation out to the transition area for the 2nd leg runner and transportation back to the finish line for the 1st leg runner.

TEAM RELAY- Transition Zone



Relay Driving Directions:

It takes about 10 minutes to drive to Mosier on I-84 from Hood River. Get off the freeway at exit 69 and follow the signs for the Scenic Columbia Highway Trail Head. Park at the Trailhead parking lot and walk up the trail a half mile to the Half Marathon Turnaround.

Historic Columbia River Highway State Trail Mark O Hatfield East Trailhead on Map



The transition zone is **0.8 miles in from the parking area at the trailhead**, so give yourself enough time to walk up the trail to meet your relay partner.

There will be food, water, port-a-potty and tents at the transition (aid station) area while you wait for your running partner.

DOG RUN- Course Info



Columbia Gorge Dog Leg Half Marathon!



All dog runners will get a special bag at packet pickup and their very own medal at the finish line, just like you! Our friends at **Portland Pet Food Company** have shared treats to make sure your good boys and girls are properly nourished for their big run. day.

Not a Competition!

This is NOT a race. This is about the bond between a runner and their dog. This is about experiencing the most amazing sights and smells you can find at half marathon. You will receive a time but there are no awards for placing for this category. We will have finisher medals for both you and your running buddy! We also have lots of amazing prizes to give away to participants in this category prior to the Half Marathon awards presentation.

Keep the Course Clean

Each of your competitor bags will come with a doggie poop bag. **Please make sure and clean up after your running partner.** There are 1500 other runners out on course that would really rather not step in it.

Short Leash

Run with a short leash. There are a lot of runners out on the trail and it is important they do not get tangled up with you and your running partner.

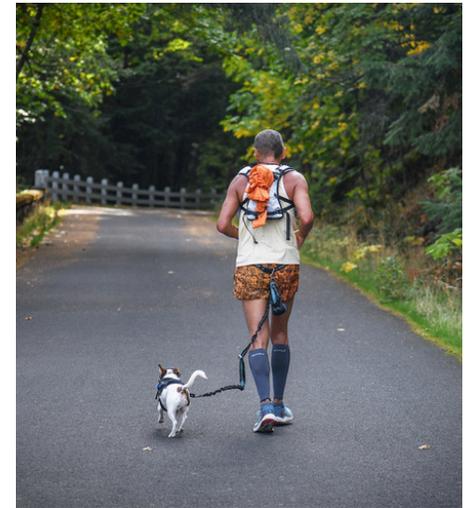
Aggressive Behavior

If you and your running partner have a tendency to show aggressive behavior around other competitors we ask that you refrain from participating. Due to liability reasons no aggressive dogs or owners will be tolerated.

Race Support

At each aid station along the way we not only have drinks for you but also your running partner. Look for the special dog water bowls at each aid station. They will be filled with water for your running buddy.

The most important thing is to have fun!!!



Post-Run Celebration & Awards



Finish Line Festivities, 11 am - 3:00pm

Local apples, Ryan's Apple Cider, and a catered lunch

Once again, we will provide you with the best post-race meal you can find anywhere! Spin Catering will be at the finish line with a full taco bar (tacos, rice, beans, chips, salsa, etc.). We will have fresh local fruit on tap as well. If that isn't enough, we will also have plenty of other post-race snacks for you to enjoy. You may leave tired, but you won't leave hungry!



We will have a limited number of plates for sale to the public for \$15. Check at the merch booth to purchase a plate.

Food and beverages is only for registered runners & those who purchase tickets only. You must have your bib ticket to get food. This will be strictly enforced by a crew member as our amazing catering team prepares food based on registered runner numbers. Spectators poaching food will mean that a hungry runner will not get their hard earned plate.



You must have your bib ticket to get food.

Award Ceremony and Categories

- 1 pm Half Marathon Awards
- 2 pm Marathon Awards

Top Three Men / Women in the following categories will receive awards:

- Overall Marathon & Half Marathon
- Age Group Categories
 - 14 & Under
 - 15-19
 - 20-29
 - 30-39
 - 40-49
 - 50-59
 - 60-69
 - 70-79
 - 80+

The Dog Leg Half Marathon is not a race but all doggy participants will be chip timed and entered into a generous Prize Raffle.

Participants registered in walking categories will be timed but this is not a race walking competition. No awards will be presented for walking categories. All walkers will be eligible for a special Walker Merchandise Raffle that will be announced at the beginning of the awards ceremony.

Winners **MUST** be present to receive the award or have a friend to receive on their behalf.

AWARDS WILL NOT BE MAILED.

A few other race day facts and reminders:

- Watch the weather and be prepared for a chilly start with warming later in the morning.
- We cannot be responsible for drop bags left behind if you decide to leave prior to retrieving your items. We will not Mail Drop bags left behind.
- When on course, please be aware that all streets are open to traffic. If you are not on the trail or in a designated event lane, *you must run on the shoulder of the road and must be facing oncoming traffic*. Marathon runners should be aware that there is a crossing in Mosier that you must watch for traffic before crossing the road.
- Runners will be able to drop clothes at aid stations and the half marathon turn around. If you drop gear at the half marathon turn around, we will periodically bring dropped gear to the expo so you may pick up at the merchandise booth. Items dropped at aid station will not be brought back until the end of the event.



Frequently Asked Questions



There's a lot of information to know to make your run a success. Here are the top questions we get from runners.

- Where does the run start?
 - **MARATHON**- The marathon starts at the **Mark Hatfield Trail Head** and ends at the Hood River Events Site. Runners will need to take the bus to the start line. You can bring your drop bag on the bus and leave it at the marathon start, and we'll bring it to the finish for you.
 - **HALF MARATHON**- The marathon starts and ends at the Hood River Events Site.
- Can someone drop me off at the start?
 - **MARATHON**- no. Participants take the shuttles from the Event Site parking area.
 - **HALF MARATHON**- Yes. There is ample parking at the Event Site.
- What time should I be there?
 - **MARATHON** starts at 8:30 am, with the optional start of 7:30 am for those anticipating a 6hr+ finish time.. (See p.7 for shuttle details). If you've already picked up your packet, we recommend getting to the start a minimum of 30 minutes before gun time.
 - **HALF MARATHON, RELAY, AND DOG LEG** waves start at 9 am. *Optional early start of 8:30 am for registered Half-Marathon Walkers.
 - Get to the start in enough time to feel prepared! - If you've already picked up your packet, we recommend getting to the start a minimum of 30 minutes before gun time. If you have not picked up your packet, give yourself at least an hour for the half-marathon or 1.5 hours for the full marathon since you must take the shuttle to the startline.
- Do I have to pay for parking at the Hood River Event Site?
 - There is ample free parking at the event site gravel lot. Street parking requires payment.
- How does bag drop work?
 - See page 5- Your race bib number will have a tag for your drop bag. Attach that tag to your bag and give it to us at the drop bag area. After your run, show us your bib and we will give you your bag back.
- What will be at the aid stations? Should I bring my own water and fuel?
 - Aid stations are approximately every 2-2.5 miles along the course. Volunteers will be serving water, Gatorade, GU gels, bananas, rice krispie treats, and other snacks.
 - If you have fuel you prefer, please carry it with you. If you feel you will need water more frequently throughout the course, bring your own bottle and you can fill up at the aid stations.