

Columbia Gorge

THE MOST SCENIC RUN IN THE COUNTRY

26

OCTOBER 17-18

HOOD RIVER, OR



Weekend Schedule- Quick Reference

Columbia Gorge '26
THE MOST SCENIC
RUN IN THE COUNTRY

SATURDAY:

- **12 PM - 6 PM: Run Festival Opens**
- **12 PM - 6 PM: Packet Pickup:** [Hood River Events Site](#), 10 Portway Ave, Hood River
- **12 PM - 6 PM: Shortt Supply Town Shuttle-** bringing you from the Event Site to downtown Hood River and back so you may explore Hood River!
- **1 PM: St Jude Heroes Kids' Community 1K**
 - Free for children 12 and under.
 - 12-12:45 PM: Registration at St Jude Heroes Booth
 - Run starts at 1 PM
- **2 PM: 5K START**
- **2:30 PM: 10K START**
- **4 PM: 5K & 10K Awards**
- **5:30 PM: Finish Line closes**



SUNDAY:

- **6:30 AM - 9 AM: Packet Pickup,** [Hood River Events Site](#), 10 Portway Ave, Hood River
- **6:45 AM - 8:00 AM: Shuttle Buses Running for Marathon Runners ONLY**
- **7 AM to 3 PM- Run Festival Celebration-** Food, vendors, live music
- **7 AM - 9:30 AM: Welcome Runners and Walkers**
 - Free Coffee from The Forge Coffee
 - Breakfast Snacks- At both Full & Half Marathon Start Areas
- **7:30 AM - 10:00 AM: Run Start Times**
(See course pages for specific start times)
- **11 AM - 3:00 PM: Finish Line Festivities,** Local apples & Ryan's Apple Cider, and Taco Lunch by Spin Catering
- **1:30 PM: Awards Ceremony, Half-Marathon**
- **3 PM: Finish Line closes**



Fall Foliage and Sweeping Vistas

Columbia Gorge '26
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Run through the Columbia River Gorge

Join us for a marathon or half-marathon along the Columbia River. Enjoy stunning fall foliage and breathtaking views of the Gorge! Runners and walkers are welcome, with the new half-marathon walker early start option, giving half-marathon walkers up to 6.5 hours and marathon runners up to 7.5 hours on course.

Stay Updated

For last-minute details, "like" our Facebook page at www.facebook.com/cgmarathon.

READ THE GUIDE

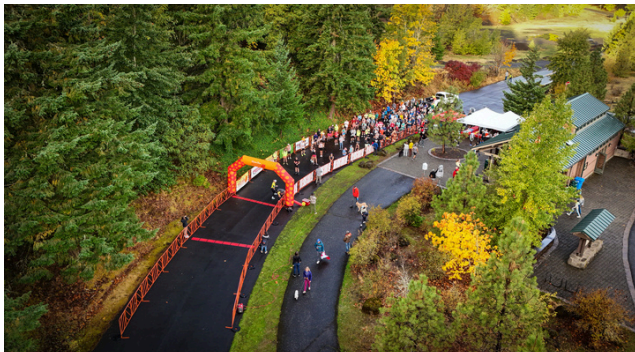
Check out this guide for all the info you need. If you still have questions, contact us at info@breakawaypro.com.

Thanks for being part of this event. We can't wait to see you!

Sincerely,

Chad Sperry

Race Director





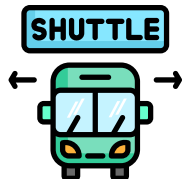
The Columbia River Gorge's Run, Hike, Camp Supply Store - Expert Running & Hiking Shoe Fittings!

Shortt Supply is Your Race Support.

This is the perfect opportunity to:

- Pick up any last-minute running gear
- Grab race day fuel and nutrition
- Get race-ready essentials
- Connect with fellow runners

Easy ½ mile walk from the Hood River Event Site.
116 Oak St, Hood River, OR 97031



12-6 pm: Take the Shortt Supply Town Shuttle from the Event Site/packet pickup to explore Hood River.

TRAVEL+ LEISURE Hood River- "America's Best Small Mountain Town"

Hood River, Oregon has long been known as the windsurfing capital of the world, but its miles of trails and ski terrain make it a perfect year-round mountain getaway. Read more from [Travel + Leisure's America's Best Small Mountain Town article](#) for things to do, places to stay, and where to eat in Hood River.



TOP 5 CAN'T MISS

- Hike or bike the Mosier Twin Tunnels, a 4.7-mile paved route that transitions from forest to a wildflower-blanketed prairie.
- The annual Gorge Blowout, an iconic 17-mile race on the Columbia River in whatever watercraft you choose
- Savor craft beers and the pimento cheeseburger at pFriem Family Brewers' waterfront tasting room.
- The Lightwell Hotel's subterranean, stone-walled spa with its sauna and heated soaking pool.
- First Fridays at Industrial Street Studios give visitors a chance to meet the 20-plus artists and makers that belong to this new creative cooperative.

The Columbia Gorge Run Festival is more than a race—it's a weekend-long celebration of running, community, and the Columbia Gorge.

Join us **Saturday from 12:00 PM–6:00 PM** to explore the festival with local vendors, delicious food trucks, live music, packet pickup, and an energetic atmosphere that will get you excited for race day. Then come back **Sunday from 7:00 AM–3:00 PM** to cheer on runners, enjoy great food (including breakfast options) and entertainment, and celebrate unforgettable finishes. Whether you're racing, volunteering, or cheering from the sidelines, the Columbia Gorge Run Festival is the place to soak in the excitement and be part of an incredible weekend.

FOOD TRUCKS!



LIVE MUSIC!



Mitch & The Melody Makers,
Portland's 60s and 70s rock &
roll and soul band.



FESTIVAL VENDORS

CanBee Honey
Cole Crafted NW
Esotica Pasta
Sweet Treats By George
BennyBoy's Soul Seeds
Columbia Bar
B's Sweets
Good Dish Candle Co.

OFFICIAL CHARITY PARTNER

We are proud to have St. Jude Children's Research Hospital as the Official Charity Partner of the 2026 Columbia Gorge Run, making every mile an opportunity to support a mission that helps ensure families never receive a bill for treatment, travel, housing, or food while their child fights cancer.



For the children and families of St. Jude Children's Research Hospital, every day can feel a lot like a race. There is the anticipation of the starting line, the determination to keep moving forward, and the hope of reaching milestones that once felt out of reach. A child beginning treatment takes that first brave step surrounded by a team of doctors, nurses, researchers, and supporters who help guide them through every challenge ahead.

Learn more about St. Jude, the St. Jude Heroes program, and sign up to be a St. Jude Hero for the 2027 Bridge of the Gods Run and/or Columbia Gorge Run at their booth during the event.



ST. JUDE KIDS' 1K

That spirit is why we are honored to have St. Jude named as the presenting sponsor of the **Kids' 1K on Saturday**- where all kids run for free!

All participants must have a signed waiver from their parent/guardian.
[Print and sign the Kids' 1K waiver here.](#)

Free for children 12 and under.

12-12:45 PM: Registration at St. Jude Heroes Booth

1 PM: St. Jude Heroes Kids' Community 1K



Packet Pickup & Bag Check

Columbia Gorge '26
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SATURDAY - 12 to 6 PM

Hood River Event Site

Portway Ave, Hood River OR 97031

SUNDAY - 6:30 to 9:00 AM

Hood River Event Site

Portway Ave, Hood River OR 97031

Marathon runners, please get your packet BEFORE you load the shuttle to go to the start. **The marathon starts at Mark O. Hatfield West.**

The half-marathon will start at the Hood River Event Site.

BIBS

Bibs should be worn on the front and visible (not the back).

BAG CHECK

WHAT: At packet pickup, you'll get a drawstring bag. Use it to stash the layers you wear to the start but don't want to haul through 13.1 or 26.2 miles. Gear check is at both the half and full marathon starts.

HOW: Each bib has a handy tear-off tag. Rip it off, loop it through your bag's drawstrings, and drop your bag at gear check. Please use the bag we give you—because Tetris-ing random luggage is not our superpower. At the finish line, flash your bib to a volunteer and they'll fetch your bag. Please don't dive into the gear check area yourself—think of it as a VIP service.

PLEASE: **Don't pack valuables.** We're not responsible for lost phones, wallets, keys, AirPods, lucky socks, or your firstborn. Volunteers will keep watch, but Breakaway Promotions is not liable for lost bags or stuff.



Bag Check Tag goes on drop bag



PARKING

DRIVING DIRECTIONS TO PARKING AND EVENT SITE

- From I-84, take exit 63 (Hood River City Center)
- Drive north on 2nd Street (towards the Columbia River)
- At the 4-way intersection, turn right onto Riverside Drive.
- Turn left on 1st Street following event signs and parking volunteers to the large parking lot.
- The parking area is across the street (Portway Ave) from the Main Event Tent at the Hood River Event Site Finish Line Area.

CAR-FREE DIRECTIONS

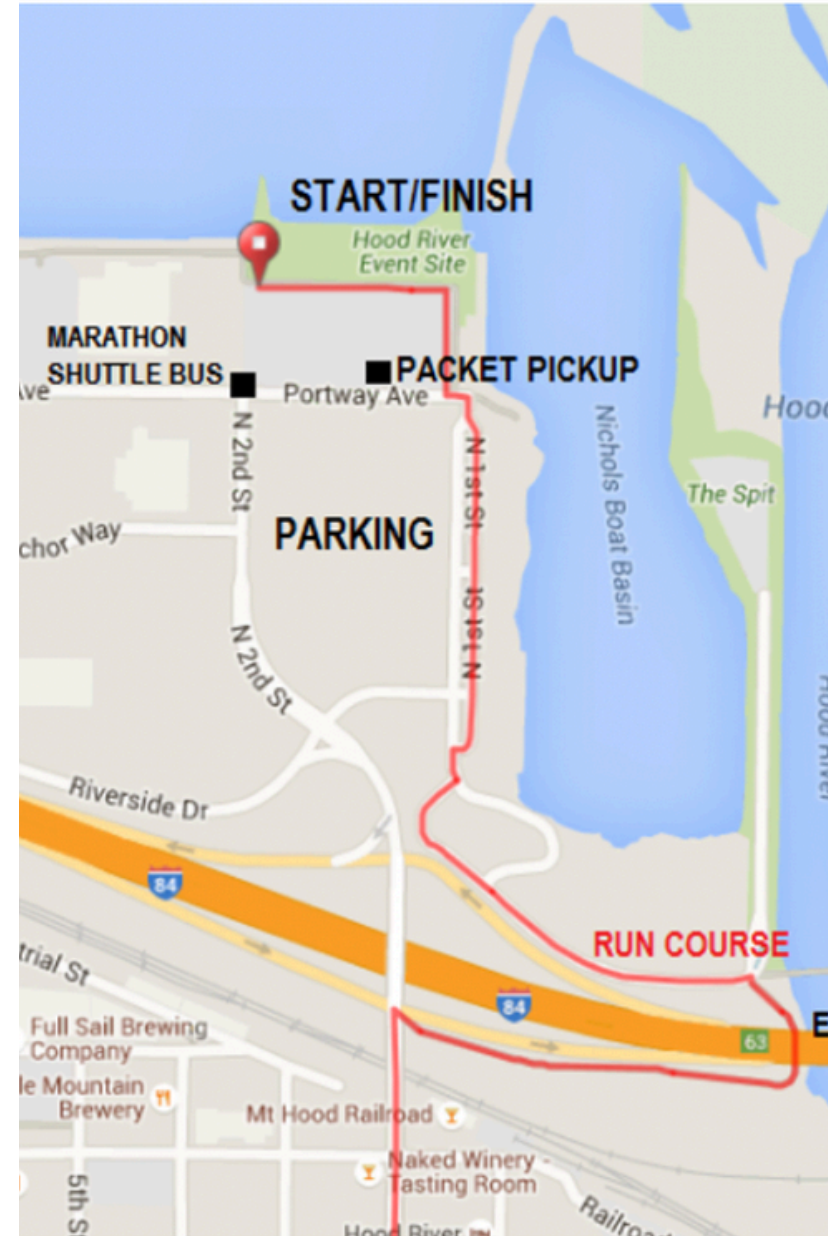
- Arriving the day before? [Click here](#) for Columbia Gorge Express to/from Hood River and Portland.
- [Local bus service](#) for Hood River between the race site, neighborhoods, and downtown hotels.



There is absolutely no camping/car camping at the event site or the parking lot south of the event site. This is not allowed by the city.



Hood River Event Site
Portway Ave, Hood River, OR 97031



Marathon Shuttle & Course Etiquette

Columbia Gorge '26
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Shuttle for Marathon Participants

The Marathon starts at the Mark Hatfield Trailhead. Buses will shuttle everyone to the start line from the Event Site. The shuttle service runs from 6:30 AM to 8:00 AM. The marathon race starts at 8:30 AM sharp. We recommend that you arrive at the Event Site parking lot at least one hour before the race to catch a shuttle.

 **There is NO PARKING at the marathon start.**

At the marathon start, there will be a tent, water, snacks, and fruit. PortaPotties and bag check-in will also be available, and we'll transport your gear to the finish line after the race begins.

Course Etiquette

This course takes you through one of the most beautiful areas you'll ever experience, and we want to keep it that way. To help keep the course clean, we'll have trash bins at about every mile, as well as at each aid station. Please make sure that you toss your wrappers and trash in these bins—do not leave trash on the ground.



Timing

E8 timing is running the timing for the race. Timing chips are attached to the back of your bib.. Live time results will be posted throughout the event at the results tent. Go to www.columbiagorgemarathon.com for live results and splits throughout the race.

BIB NUMBER MUST BE WORN ON THE FRONT AND BE VISIBLE.

Sunday Spectators

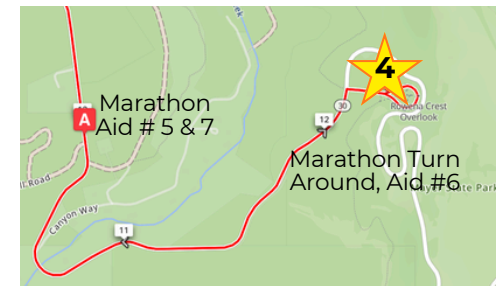
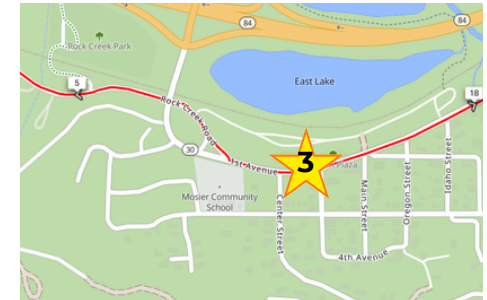
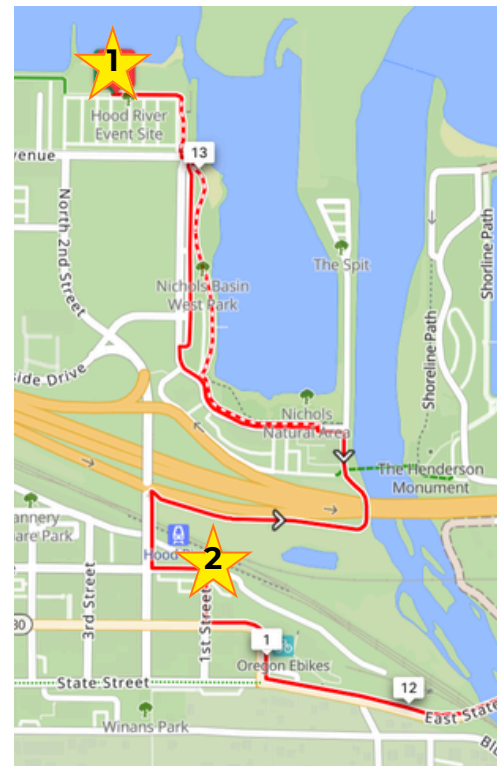
There are many great locations along the course for spectators to cheer on the runners.

Marathon Viewing Points

1. Finish Area at Hood River Event Site
2. Ground Coffee & Celilo Restaurant on Oak Street in Hood River, Mile 25.3
3. Randonnee Coffee Co. in Mosier, Oregon, Mile 5.3 & Mile 18.2
4. Rowena Crest Viewpoint, Mile 11.7
 - From I-84 East: Take Exit 69 for Mosier and Historic Highway 30. Turn right onto Highway 30 and drive about 6.7 miles, following the signs through Mosier and up the Old Gorge Highway to the viewpoint.
 - From I-84 West: You can take the dedicated Rowena exit (#76) and head west on Highway 30 to reach the viewpoint at the top of the curves.

Half-Marathon Viewing Points

1. Finish Area at Hood River Event Site
2. Ground Coffee & Celilo Restaurant on Oak Street in Hood River, Mile 0.9 & Mile 12.3

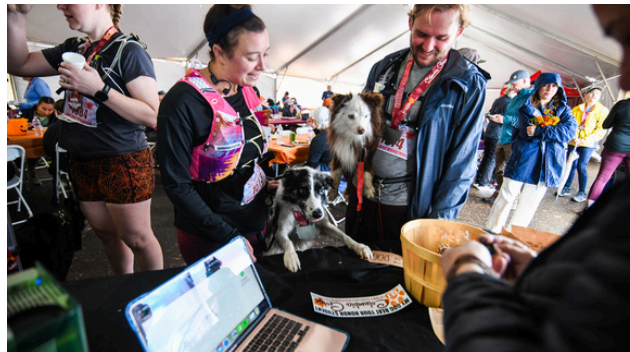


Saturday Schedule

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SATURDAY:

- **12 PM - 6 PM: Run Festival!**
- **12 PM - 6 PM: Packet Pickup:** [Hood River Events Site](#), 10 Portway Ave, Hood River
- **1 PM: St Jude Heroes Kids' Community 1K**
 - Free for children 12 and under.
 - 12-12:45 PM: Registration at St Jude Heroes Booth
 - [Download kids' run waiver to print and sign here](#)
 - Run starts at 1 PM
- **2 PM: 5K START**
- **2:30 PM: 10K START**
- **4 PM: 5K & 10K Awards**
- **5:30 PM: Finish Line Closes**



5K- Course Info

3.1 mi
Distance

81 ft
Elevation Gain

2.6 %
Max Grade

5K

83 ft
Elevation Loss

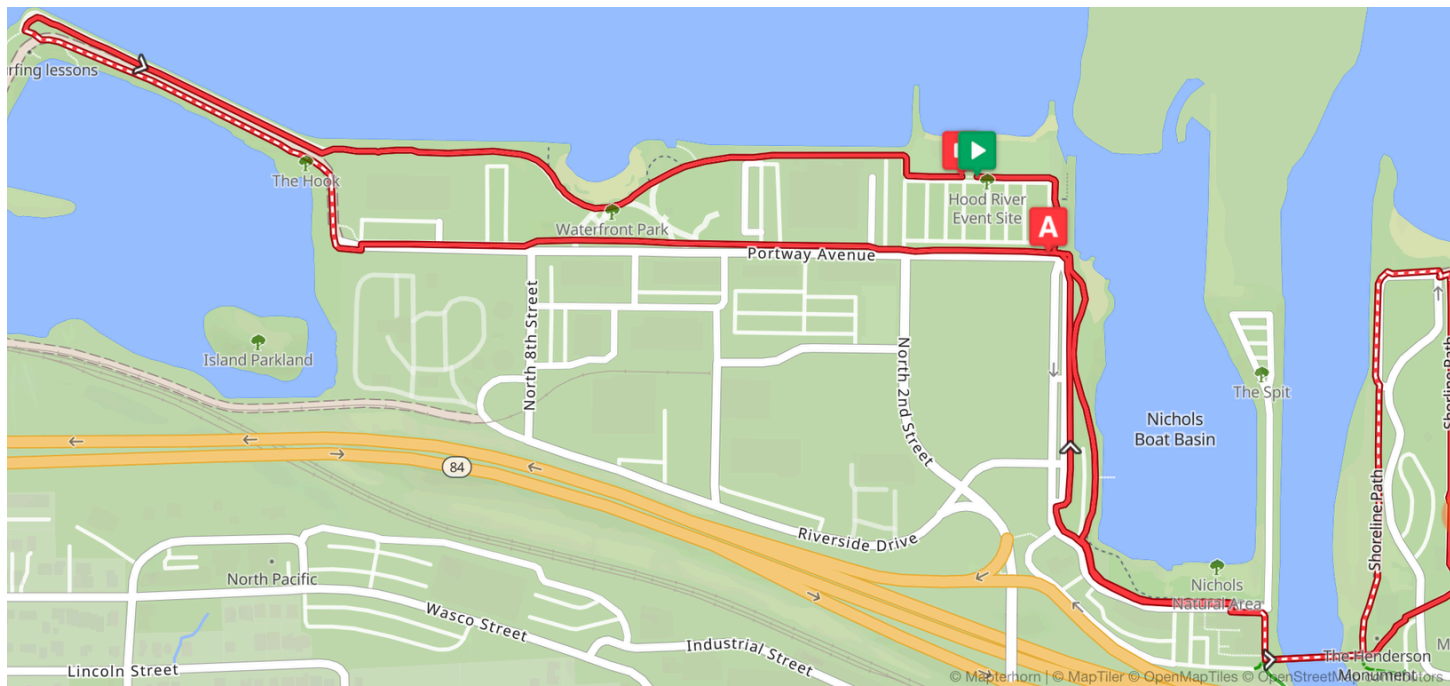
-6.1 %
Min Grade



GPS MAP



Saturday - 2:00 PM
Hood River Event Site



AID STATION: MILE 1.6

The aid stations will have water &



Rapid Hydration Mix.

Finish line closure is at 5:30 PM. This equates to a 48:17 min/mile pace for the 2:00 pm start time. Cutoff times are based on gun time, not individual chip time.



10K- Course Info

6.2 mi
Distance

205 ft
Elevation Gain

5.1 %
Max Grade

207 ft
Elevation Loss

-4.7 %
Min Grade

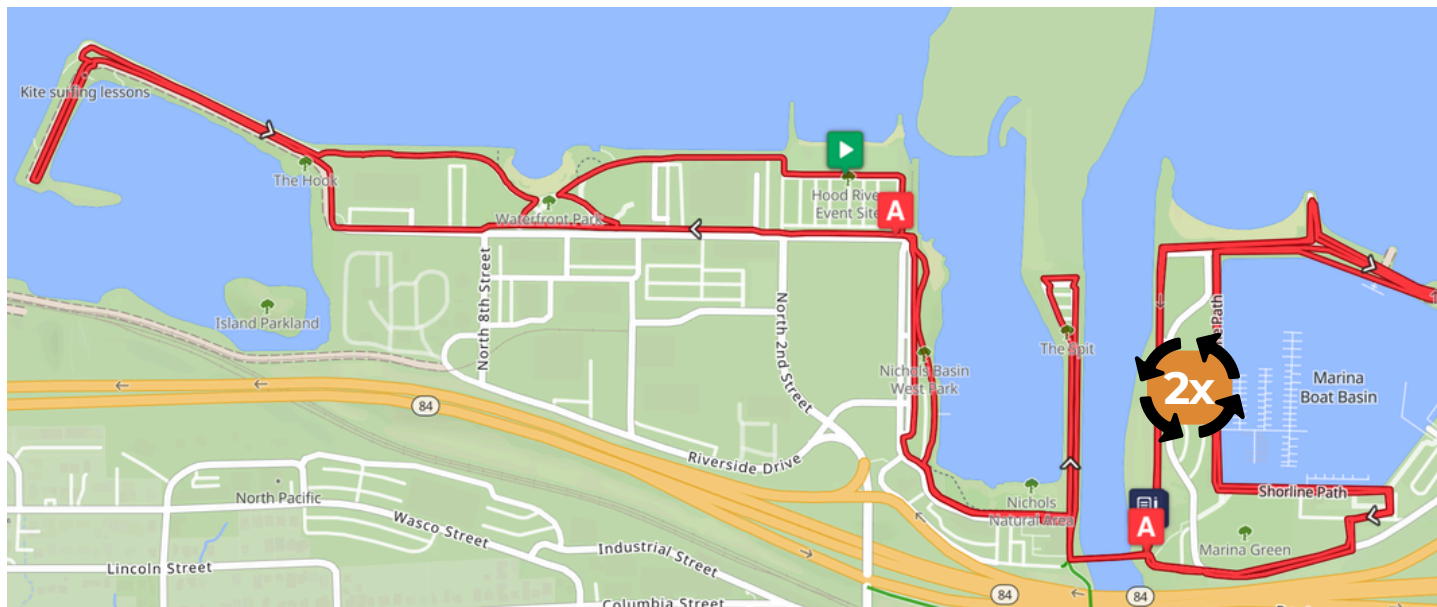
10K



GPS MAP



Saturday - 2:30 PM
Hood River Event Site



AID STATIONS:

MILE 1.0
MILE 2.4
MILE 4.3

The aid stations will have water &

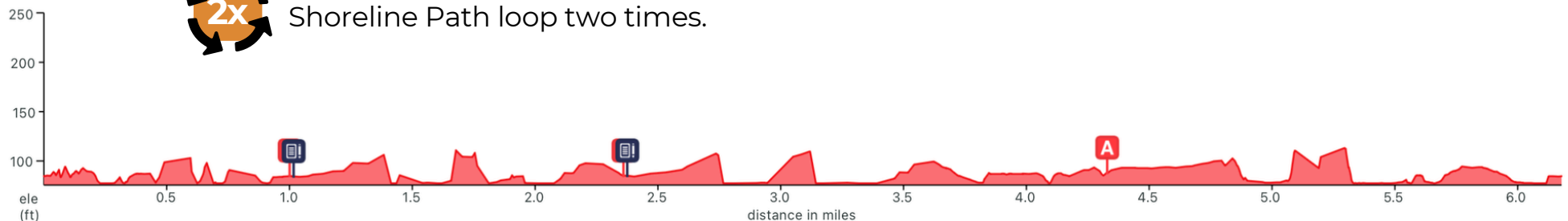


Rapid Hydration Mix.

Finish line closure is at 5:30 PM. This equates to a 24:08 min/mile pace for the 2:30 pm start time. Cutoff times are based on gun time, not individual chip time.



Runners of the 10K will do the Shoreline Path loop two times.



Saturday Post-Run Celebration & Awards

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Finish Line Festivities, 2:00 - 6:00 PM



Registered runners will be able to get their pick of a meal from the food trucks at the Run Festival. Your bib number contains a meal ticket.

Just turn in this meal ticket to the food truck of your choice, covering your food up to \$12.



You must have your bib ticket to get food.

Award Ceremony and Categories

• 4 PM Awards

The following categories will receive awards:

- Top 3 Overall 5K and 10K, Women / Men
- 1st Place Age Group Categories, Women / Men
 - 14 & Under
 - 15-19
 - 20-29
 - 30-39
 - 40-49
 - 50-59
 - 60-69
 - 70-79
 - 80+

Winners **MUST** be present to receive the award or have a friend to receive on their behalf.

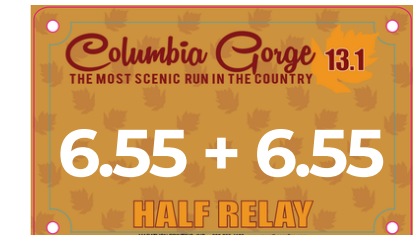
AWARDS WILL NOT BE MAILED.

Sunday Schedule

Columbia Gorge '26
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SUNDAY:

- **6:30 AM - 9 AM: Packet Pickup**, [Hood River Events Site](#), 10 Portway Ave, Hood River
- **6:45 AM - 8:00 AM: Shuttle Buses** Running for Marathon Runners ONLY
- **7 AM - 9:30 AM: Welcome Runners and Walkers**
 - Free Coffee from The Forge Coffee
 - Breakfast Snacks- At both Full & Half Marathon Start Areas
- **7:30 AM - 10:00 AM: Run Start Times** (See course pages for specific start times)
- **11 AM - 3:00 PM: Finish Line Festivities, Local apples & Ryan's Apple Cider, and Fajita Taco Lunch by Spin Catering**
- **1:30 PM: Awards Ceremony, Full & Half-Marathon**
- 3 PM: Finish Line closes



MARATHON- Course Info

26.2 mi	1,878 ft	9.1 %
Distance	Elevation Gain	Max Grade
	2,150 ft	-13.1 %
	Elevation Loss	Min Grade

26.2



GPS MAP



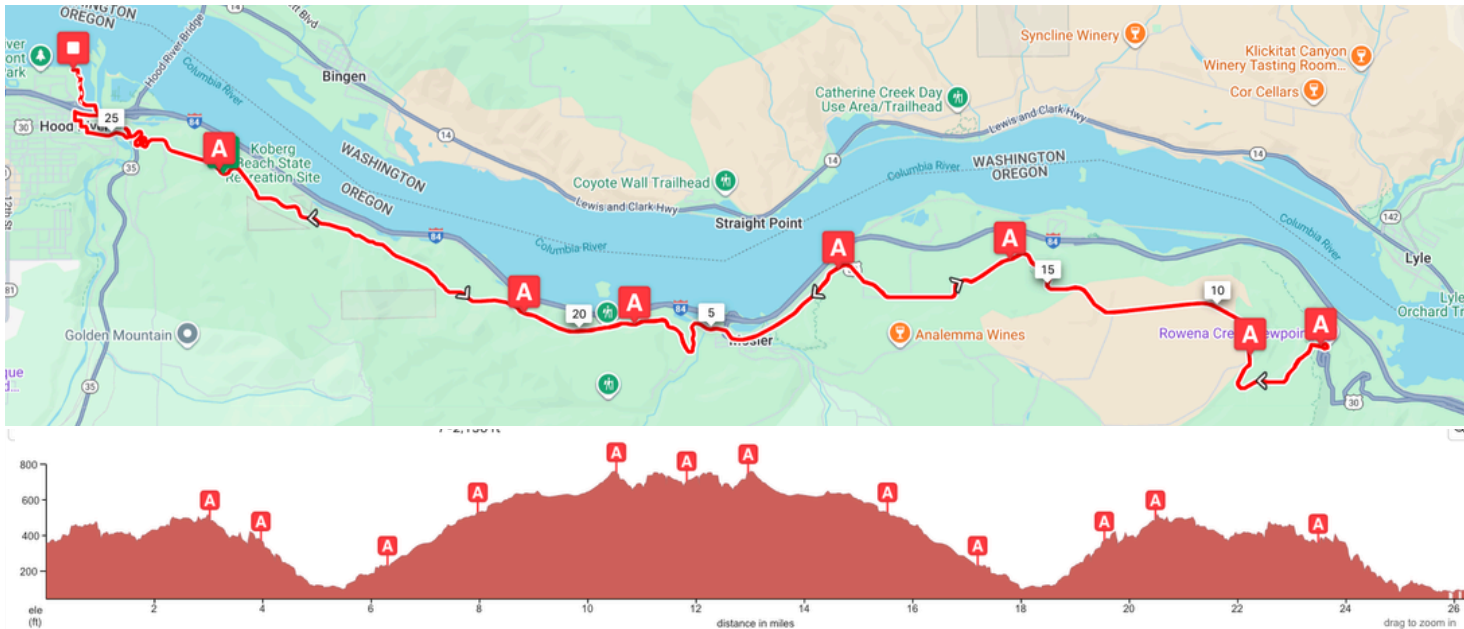
Sunday - 7:30 or 8:30
Mark O. Hatfield West

The start is at [Mark O. Hatfield WEST](#)

Buses will shuttle everyone to the start line from the Event Site.

The shuttle service runs from 6:30 AM to 8:00 AM. The race starts at 8:30 AM sharp. We recommend that you arrive at the Event Site parking lot at least one hour before the race to catch a shuttle.

- **7:30 AM 6Hr + Pace Marathoner Early Start Option-**
*Optional start for those runners anticipating a 6hr+ finish time. You must sign up online or at packet pickup for the early start. **For safety, RUNNERS PACING FOR LESS THAN A 6 HR RUN ARE NOT ALLOWED TO START IN THIS WAVE.**
- **8:30 AM Marathon Start-** Start time for marathon runners.



Finish line closure is 3:00 PM. This equates to a 15:52 min/mile pace for the 8:30 start (a 17:09 min/mile pace for the 7:30 am start). Cuts-off times are based on gun time, not individual chip time.

MARATHON- Aid Stations



Aid stations will be well stocked along the route. Aid stations will remain open to support a 6.5-hour marathon pace based on the 8:30 AM start (7.5-hour pace based on 7:30 AM start).



MILE	STATION INFO	LOCATION	RESTROOM
3	Aid Station 1	Old Highway Overlook	Yes
4	Aid Station 2	Twin Tunnels Turnaround	Yes
6.3	Aid Station 3	East of Mosier	Yes
8	Aid Station 4	Memaloose Overlook	Yes
10.5	Aid Station 5	Dell Road	No
11.8	Aid Station 6	Rowena Crest Viewpoint	Yes
13	Aid Station 7	Dell Road	No
15.5	Aid Station 8	Memaloose Overlook	Yes
17.3	Aid Station 9	East of Mosier	Yes
19.6	Aid Station 10	Twin Tunnels Turnaround	Yes
20.5	Aid Station 11	Old Highway Overlook	Yes
23.5	Aid Station 12	Mark Hatfield Trailhead	Yes

The aid stations will have water & Rapid Hydration Mix., GU Gels, Gu Chews, snacks, and bananas.



Tailwind Rapid Hydration keeps you hydrated and replenished, replacing the electrolytes you lose when you sweat. Its clean, light flavors mix quickly and taste great, without being overly sweet. Designed to absorb faster than water alone, it helps your body rehydrate efficiently so you feel refreshed and ready to go. All [Tailwind Nutrition](#) products—including the raspberry-flavored Endurance Fuel—are 100% vegan.

HALF MARATHON- Course Info

13.1 mi
Distance

1,105 ft
Elevation Gain

15.0 %
Max Grade

13.1

1,105 ft
Elevation Loss

-15.5 %
Min Grade

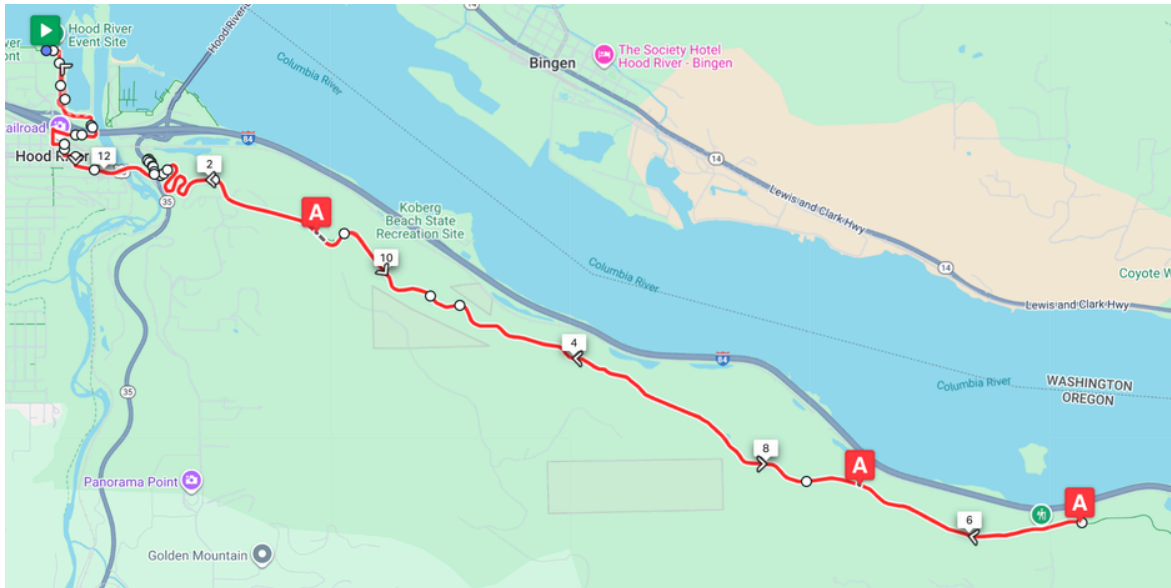


GPS MAP



- **8:30 AM Walker Early Start Option-** **Optional start for those registered walkers who would like more time to enjoy the course. (6-hour, 30min course time, 29:46-min/mile pace). Only registered Half-Marathon Walkers are allowed an early start. **Anyone starting in this wave will be marked as a Walker. For safety, RUNNERS ARE NOT ALLOWED TO START IN THIS WAVE.***
- **9:30 AM 5-9 Minute Mile Pace** (5:30-hour course time)
- **9:45 AM 9+ Minute Mile Pace & Walkers** (5:15 hour course time, 24:02-min/mi pace)
- **10:00 AM Dog Leg** (5:00 hour course time, 22:53-min/mile pace)

Finish line closure is 3:00 pm. Cut-off times are based on gun time, not individual chip time



HALF MARATHON- Aid Stations



Aid stations will be well stocked along the route. Aid stations will remain open to support a 5:00 hour course time/10 AM start time (22:53 min per mile) half-marathon pace.



<u>MILE</u>	<u>STATION INFO</u>	<u>LOCATION</u>	<u>RESTROOM</u>
2.6	Aid Station 1	Mark Hatfield Trailhead	Yes
5.5	Aid Station 2	Old Highway Overlook	Yes
6.5	Aid Station 3	Twin Tunnels Turnaround	Yes
7.5	Aid Station 4	Old Highway Overlook	Yes
10.5	Aid Station 5	Mark Hatfield Trailhead	Yes

The aid stations will have water & Rapid Hydration Mix., GU Gels, Gu Chews, snacks, and bananas.



Tailwind Rapid Hydration keeps you hydrated and replenished, replacing the electrolytes you lose when you sweat. Its clean, light flavors mix quickly and taste great, without being overly sweet. Designed to absorb faster than water alone, it helps your body rehydrate efficiently so you feel refreshed and ready to go. All Tailwind Nutrition products—including the raspberry-flavored Endurance Fuel—are 100% vegan.

TEAM RELAY- Start/Transition/Transport

Start

Each runner on the team will receive a bib number and a chip. Starting at 9:30 am, the first-leg runner departs with the rest of the Half Marathon competitors (be sure to determine the mile pace of the first runner, which start wave) and follows the course and mile markers along the route.

Transition

The second runner of the team must drive to the transition zone located at the Half Marathon turnaround west of Mosier. Follow the directions below to the transition area and make sure you are at least 20 minutes early to the zone. The zone will be marked by a timing mat and cones. Once your teammate has crossed the timing mat they will give you a high five and then you are off.

Transportation

All participants in the Half Marathon Relay are responsible for their own transportation. It is suggested that you work out with your teammate to have a key to hand off at the transition at the Historic Columbia River Highway State Trail **Mark O. Hatfield East Trailhead** so the first runner can get back to the start (*see next page for map & info*). This allows transportation out to the transition area for the 2nd-leg runner and transportation back to the finish line for the 1st-leg runner.



TEAM RELAY- Transition Zone



RELAY TRANSITION

Mark O. Hatfield EAST Trailhead

1547 Rock Creek Rd,
Mosier, Oregon 97040

It takes about 10 minutes to drive to Mosier on I-84 from Hood River. Get off the freeway at exit 69 and follow the signs for the Scenic Columbia Highway Trailhead. Park at the Trailhead parking lot and walk up the trail a 0.8 miles to the Half Marathon Turnaround.

Historic Columbia River Highway State Trail

Mark O. Hatfield EAST Trailhead on Map



The transition zone is **0.8 miles in from the parking area at the trailhead**, so give yourself enough time to walk up the trail to meet your relay partner.

There will be food, water, port-a-potty and tents at the transition (aid station) area while you wait for your running partner.

DOG RUN- Course Info

Columbia Gorge Dog Leg Half Marathon!



Not a Competition!

This is NOT a race. This is about the bond between a runner and their dog. This is about experiencing the most amazing sights and smells you can find at half marathon. You will receive a time but there are no awards for placing for this category. We will have finisher medals for both you and your running buddy! We also have lots of amazing prizes to give away to participants in this category prior to the Half Marathon awards presentation.

Keep the Course Clean

Each of your competitor bags will come with a doggie poop bag. **Please make sure and clean up after your running partner.** There are 1500 other runners out on course that would really rather not step in it.

Short Leash

Run with a short leash. There are a lot of runners out on the trail and it is important they do not get tangled up with you and your running partner.

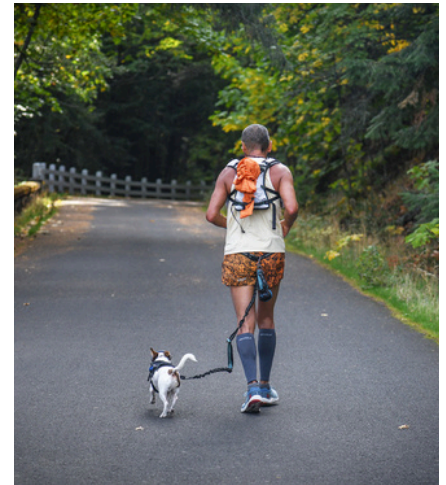
Aggressive Behavior

If you and your running partner have a tendency to show aggressive behavior around other competitors we ask that you refrain from participating. Due to liability reasons no aggressive dogs or owners will be tolerated.

Race Support

At each aid station along the way we not only have drinks for you but also your running partner. Look for the special dog water bowls at each aid station. They will be filled with water for your running buddy.

The most important thing is to have fun!!!



Sunday Post-Run Celebration & Awards

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Finish Line Festivities, 11 AM - 3:00PM

Local apples, Ryan's Apple Cider, and a catered lunch

Once again, we will provide you with the best post-race meal you can find anywhere! Spin Catering will be at the finish line with a full taco bar (tacos, rice, beans, chips, salsa, etc.). We will have fresh local fruit on tap as well. If that isn't enough, we will also have plenty of other post-race snacks for you to enjoy. You may leave tired, but you won't leave hungry!



Food and beverages is only for registered runners & those who purchase tickets only. You must have your bib ticket to get food. This will be strictly enforced by a crew member as our amazing catering team prepares food based on registered runner numbers. Our catering team prepares meals based on registered participants. Please help us ensure every runner receives the meal included with their registration.



You must have your bib ticket to get food.

Award Ceremony and Categories

• 1:30 PM Walker Raffle, Half and Full Marathon Awards

The following categories will receive awards:

- Overall Marathon & Half Marathon, Women / Men
- Relay Team Overall
- Age Group Categories, Women / Men
 - 14 & Under
 - 15-19
 - 20-29
 - 30-39
 - 40-49
 - 50-59
 - 60-69
 - 70-79
 - 80+

Winners **MUST** be present to receive the award or have a friend to receive on their behalf.
AWARDS WILL NOT BE MAILED.

Walker Raffle- All walkers will be eligible for a special Walker Merchandise Raffle that will be announced at the beginning of the awards ceremony.

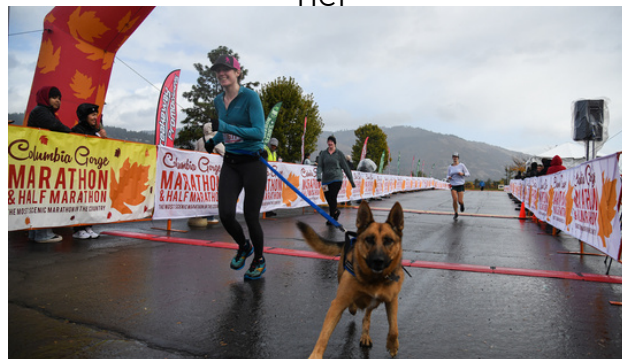
Participants registered in walking categories will be timed, but this is not a race walking competition. No podium awards will be presented for walking categories.

The Dog Leg Half Marathon is not a race, but all doggy participants will be chip-timed, and dogs will receive a special custom dog medal.

A few other race day facts and reminders:

- Watch the weather and be prepared for a chilly start, with warming later in the morning. Typical October weather: Morning 40–50°, Afternoon 60–70°, wind and rain possible. Recommend: gloves, arm warmers, throw-away layer. Dress for the start, not the finish.
- We cannot be responsible for drop bags left behind if you decide to leave prior to retrieving your items. We will not Mail Drop bags left behind.
- When on course, please be aware that all streets are open to traffic. If you are not on the trail or in a designated event lane, *you must run on the shoulder of the road and must be facing oncoming traffic*. Marathon runners should be aware that there is a crossing in Mosier that you must watch for traffic before crossing the road.
- Runners will be able to drop clothes at aid stations and the half marathon turnaround. If you drop gear at the half marathon turnaround, we will periodically bring dropped gear to the expo so you may pick it up at the merchandise booth. Items dropped at the aid station will not be brought back until the end of the event.

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**There's a lot of information to know to make your run a success.
Here are the top questions we get from runners.**

- Where does the run start?
 - MARATHON- The marathon starts at the **Mark Hatfield Trailhead WEST** and ends at the Hood River Events Site. Runners will need to take the bus to the start line. You can bring your drop bag on the bus and leave it at the marathon start, and we'll bring it to the finish for you.
 - HALF MARATHON- The half marathon starts and ends at the Hood River Events Site.
- Can someone drop me off at the start?
 - MARATHON- Participants should take the shuttles from the Event Site parking area. Buses will shuttle everyone to the start line from the Event Site. The shuttle service runs from 6:30 AM to 8:00 AM. The marathon race starts at 8:30 AM sharp. We recommend that you arrive at the Event Site parking lot at least one hour before the race to catch a shuttle. There is NO PARKING at the marathon start. If you have someone drop you off at the marathon start, your ride must drop you off and leave.
 - HALF MARATHON- Yes. There is ample parking at the Event Site.
- What time should I be there?
 - MARATHON starts at 8:30 AM, with the optional start of 7:30 AM for those anticipating a 6hr+ finish time. We recommend getting to the start a minimum of 30 minutes before gun time.
 - HALF MARATHON, RELAY, AND DOG LEG waves start at 9:30 AM. *Optional early start at 8:30 AM for registered Half-Marathon Walkers.
 - Get to the start in enough time to feel prepared! - If you've already picked up your packet, we recommend getting to the start a minimum of 30 minutes before gun time. If you have not picked up your packet, give yourself at least an hour for the half-marathon or 1.5 hours for the full marathon since you must take the shuttle to the start line.
- Do I have to pay for parking at the Hood River Event Site? There is ample free parking at the event site gravel lot. Street parking requires payment.
- How does bag drop work?
 - See page 6- your race bib number will have a tag for your drop bag. Attach that tag to your bag and give it to us at the drop bag area. After your run, show us your bib, and we will give you your bag back.

- What will be at the aid stations? Should I bring my own water and fuel?
 - Aid stations are approximately every 2-2.5 miles along the course. Volunteers will be serving water, Tailwind Nutrition, GU gels, bananas, rice krispie treats, and other snacks.
 - If you have fuel you prefer, please carry it with you. If you feel you will need water more frequently throughout the course, bring your own bottle and you can fill up at the aid stations.
- Can friends and spectators ride the shuttle to the marathon start? No, only registered runners are able to take the shuttle.
- Can I switch race distances? Yes, just email us by October 15th or let us know at packet pickup.
- Can I wear headphones? Yes, participants are allowed to wear headphones; however, you must be able to hear runners, course officials, and traffic. Please be aware that all streets are open to traffic.
- Can I run with a stroller? Yes. Please be very aware of other participants.
- Can I pick up someone else's packet? Yes, you may pick up someone else's packet.
- Is there gear available for purchase? Yes, we will have the Columbia Gorge Run merchandise booth open all weekend. If you need items like socks, shorts, even shoes- check out Shortt Supply, an easy 0.5 mile from the Hood River Event Site (116 Oak St, Hood River, OR 97031).
- Will awards be mailed? No, you must be present for awards.
- Will there be bathrooms on course? There will be blue room (port-a-potty) stations at most of the aid stations on Sunday. See the distance aid station page for notes on aid station bathroom locations for your distance. There will be a number of blue rooms at the Hood River Event Site and marathon race start.

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