COLUMBIA GORGE
MARATHON

October 27, 2012

NAME OF ATHLETE:

The 2012 Columbia Gorge Kids Marathon is Proudly Presented By:

CASCADE ORTHOPEDICS & SPORTS MEDICINE CENTER P.C.

Gorge Spine & SPORTS MEDICINE PHYSICAL THERAPY

The goal of the Kids Marathon is to provide children a springboard for a lifetime of healthy habits by helping them accomplish the goal of running an entire **26.2 miles** – just like marathoners! The difference is the kids will be running and logging the distance between now and race day. They will complete the 1.2 mile run at the Columbia Gorge Marathon on **Saturday, Oct. 27, 2011**.
Kids will cross a safe, sectioned-off area of the same finish line as adult marathoners, amidst a cheering crowd of spectators!

START LOGGING YOUR MILES!

Running Log:

DATE	NUMBER OF MILES RUN

TOTAL MILES RUN:	

MORE INFO CAN BE FOUND AT WWW.COLUMBIAGORGEMARATHON.COM